



TREVIAN SOCCER CLUB/FC UNITED

POSTIVE COACHING ALLIANCE PARENT PLEDGE 2009-2010

Player's name: _____ Team: _____

PLEASE HAVE EACH PARENT OR GUARDIAN READ AND SIGN THIS PCA PARENT PLEDGE AND RETURN TO THE TEAM MANAGER PRIOR TO THE FIRST GAME. ANY PLAYER REGISTERED IN THE TREVIAN SOCCER CLUB/FC UNITED FOR THE 2008-2009 YEAR WHOSE PARENTS OR GUARDIANS HAVE NOT SIGNED AND RETURNED THIS PCA PARENT PLEDGE PRIOR TO THE TEAM'S FIRST GAME WILL NOT BE ALLOWED TO PARTICIPATE IN TEAM ACTIVITES UNTIL A PROPERLY SIGNED PLEDGE HAS BEEN DELIVERED TO THE CLUB.

I PLEDGE TO GET MY CHILD TO PRACTICE AND GAMES ON TIME. I understand that it can be embarrassing for my child to be late and that I may be putting him/her at risk by not providing adequate time for warm up. I will be on time to pick up my child from all games and practices. This shows respect for the coach, and it tells my child that he or she is my top priority.

I PLEDGE TO USE POSITIVE ENCOURAGEMENT TO FILL MY CHILD'S EMOTIONAL TANK because athletes do their best when their "Emotional Tank" is full. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are **a)** to have fun, **b)** to make new friends, and **c)** to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective.

I PLEDGE TO REINFORCE THE ELM TREE OF MASTERY WITH MY CHILD (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.

I PLEDGE TO "HONOR THE GAME." I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Honor the Game and be silent!

I PLEDGE TO REFRAIN FROM YELLING OUT INSTRUCTIONS TO MY CHILD. I understand that this is the coach's job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates and coaches. I will limit my comments during the game to encouraging my child and other players for both teams.

I PLEDGE TO REFRAIN FROM MAKING NEGATIVE COMMENTS about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.

I WILL RESPECT THE COACHES AND REPRESENTATIVES OF THE CLUB AT ALL TIMES. I realize that they have a difficult job and that their actions reflect their attempts to do what is in the best interests of the individual players, the teams and the Club. No matter how I feel about any coaching decision, including decisions related to playing positions, playing time, playing strategy, or other matters, and no matter how I feel about any decision made by a representative of the Club, under no circumstances will I in any way mistreat or confront a coach or representative of the Club in a verbally or physically inappropriate matter.

Communication is essential to the efficient operation of our Club. We encourage parents to get to know their coaches and to establish a constructive dialogue with them. If a conflict arises, however, we request that you wait a period of time before contacting your coach. If you would like to discuss a matter with your coach, we request that you do so in person or over the telephone. We encourage you to avoid email as the primary means for conflict resolution. If you do not feel that you want to discuss a matter directly with your coach, we ask you to consider contacting your team manager, who can make the coach aware of the matter. If you feel that communications with the coach or the manager are not leading to a satisfactory result, we encourage you to contact the Club's Executive Director.

THE TREVIAN SOCCER CLUB/FC UNITED VIEWS ANY VIOLATION OF THE PCA PARENT PLEDGE AS A SERIOUS MATTER. I acknowledge by signing this Pledge that any gross violations of the Pledge can be subject to sanctions by the Board of Directors, to be determined in the sole discretion of the Board. Such sanctions can include, among others, banishment from the sidelines of games and, in extreme circumstances, eventual ejection of the family from the Club in subsequent years.

I will honor the PCA Parent Pledge in my words and actions.

1. Parent / Guardian signature _____

2. Parent / Guardian signature _____